

# PROBLEM GAMBLING SEVERITY INDEX (PGSI) - FULL

## FULL FORM SCREENING TOOL

Date: \_\_\_\_\_

Location: \_\_\_\_\_ Completed by: \_\_\_\_\_

1. In the last 12 months, have you bet more than you could really afford to lose?

Never (0)    Sometimes (1)    Most of the time (2)    Almost always (3)

2. In the last 12 months, have you needed to gamble with larger amounts of money to get the same feeling of excitement?

Never (0)    Sometimes (1)    Most of the time (2)    Almost always (3)

3. In the last 12 months, have you gone back on another day to try to win back the money you lost?

Never (0)    Sometimes (1)    Most of the time (2)    Almost always (3)

4. In the last 12 months, have you borrowed money or sold anything to gamble?

Never (0)    Sometimes (1)    Most of the time (2)    Almost always (3)

5. In the last 12 months, have you felt that you might have a problem with gambling?

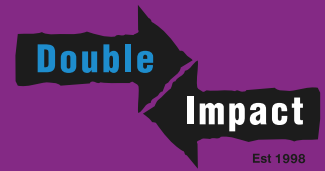
Never (0)    Sometimes (1)    Most of the time (2)    Almost always (3)

6. In the last 12 months, have people criticised your betting or told you that you had a gambling problem, whether or not you thought it was true?

Never (0)    Sometimes (1)    Most of the time (2)    Almost always (3)

7. In the last 12 months, have you felt guilty about the way you gamble or what happens when you gamble?

Never (0)    Sometimes (1)    Most of the time (2)    Almost always (3)



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8. In the last 12 months, has gambling caused you any health problems, including stress or anxiety?

Never (0)    Sometimes (1)    Most of the time (2)    Almost always (3)

9. In the last 12 months, has your gambling caused any financial problems for you or your household?

Never (0)    Sometimes (1)    Most of the time (2)    Almost always (3)

### Total score

#### Scoring system:

Never = 0    Sometimes = 1    Most of the time = 2    Almost always = 3

By adding the scores on the nine questions you will generate a score between 0 and 27. All of those who score 8 or more out of 27 represent a 'problem gambler' and fall into the 'high risk' category (Referring to Gamblers who exhibit negative consequences and a possible loss of control).

Those who score between 3 and 7 represent 'moderate risk' gambling (Referring to Gamblers who experience a moderate level of problems leading to some negative consequences).

Those with scores of 1 or 2 represent 'low risk' gambling (Gamblers who experience a low level of problems with few or no identified negative consequences).

I agree to a referral being made to GamCare

Signed \_\_\_\_\_

Name \_\_\_\_\_

Telephone number \_\_\_\_\_

Email address \_\_\_\_\_

Please email this referral form to: [east.midlands@gamcare.org.uk](mailto:east.midlands@gamcare.org.uk)

**For 24/7 support please contact the National Gambling Helpline on: 0808 8020 133**  
**Live chat via [www.gamcare.org.uk](http://www.gamcare.org.uk)**

Ref: Volberg, R.A. & Williams, R.J. (2012). Developing a Short Form of the PGSI. Report to the Gambling Commission. January 2012.