

INFORMATION TO SUPPORT A 'GAMBLERS' ON GOING RECOVERY

DEBTS AND GAMBLING - LOCAL SUPPORT SERVICES

*It's important to remember that a debt adviser who works for any debt support service will never judge you or make you feel bad about your situation. They want to help and are always happy to talk to you as they want to assist you in finding ways to manage and deal with your debts.

DEBT HELP AND SUPPORT SERVICES AVAILABLE LOCALLY (General contact methods: face to face, website, phone)

The Kings Money Advice Centre – Arnold NG5 7JX

The Kings Money Advice Centre provide free, unconditional, face-to-face debt advice and support. Working to each person's needs and help them find freedom from debt and hope for the future. They will arrange an appointment for you to meet one of their experienced advisors to get a complete picture of your circumstances. They will then work with you to find out how much money you have coming in and how much you are spending. From here, they will then contact your creditors (if appropriate and only with your permission) and negotiate a way forward. Working together, they will support you until you are debt free, however long that takes.

You can make contact with the Kings Money Advice Centre and speak directly to an advisor using any of the following methods to commence debt assistance:

cBy visiting their website at www.k-mac.org.uk

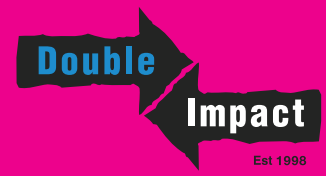
- By phone on 0115 9207399
- By email at kmac@thekingschurcharnold.org.uk

Bestwood Advice Centre – Bestwood NG5 5FH

Bestwood Advice Centre offer free debt and welfare advice to the residents of Bestwood and Top Valley. They have two accredited Debt Relief Order Intermediaries, which allow them to offer specialist debt advice, implement debt management plans and debt relief actions.

You can make contact with the Bestwood Advice Centre and speak directly to an advisor using any of the following methods to commence debt assistance:

- By visiting their website at www.bestwoodadvice.org.uk
- By Phone on 0115 962 6519
- By email at admin@bestwoodadvice.org.uk
- By filling out the contact form found on the website



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St Anns Advice Centre – St Anns NG3 4EZ

The Debt Advice Service is funded by Nottingham City Council & Nottingham City Homes. They provide advice & support at Housing Offices, Community Centres and Library's across the city. They help residents with housing and general debt issues, they can help to set up manageable payment plans, complete financial statements, apply for certain grants, complete benefit checks and help with advice on budgeting decisions. At present the only restrictions for accessing support here are that you must be a Nottingham City Council resident.

They currently visit the following venues across the city:

- St Anns Housing Office
- Bestwood Housing Office
- Bulwell Housing Office
- Clifton Cornerstone
- Mary Potter Centre (Hyson Green)
- Broxtowe Children's Centre
- Bilborough Library

You can make contact with the St Anns Advice Centre and speak directly to an advisor using any of the following methods to commence debt assistance:

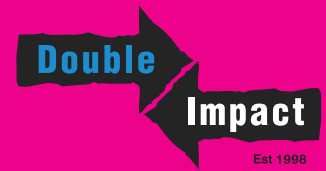
- By visiting their website at www.stannsadvice.org.uk
- By Phone on 0115 908 1530
- By email at info@stannsadvice.org.uk

Advice Nottingham

Advice Nottingham is a partnership of all local advice agencies, they provide advice and assistance to people to enable them to manage their debts, budget their incomes and ability to pay their bills.

They have experienced debt and welfare rights advisors based at:

- St Anns Advice Centre
- Bestwood Advice Centre
- The Nottingham Law Centre
- Meadows Advice Group



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The focus of this project is the Greater Nottingham Area, but they will take referrals from people living in Nottinghamshire. You can make contact with Advice Nottingham and speak directly to an advisor using any of the following methods to commence debt assistance:

- By visiting their website at www.advicenottingham.org.uk
- By filling out the contact form found on the 'contact us' section
- By ringing their hotline on 0115 9081532

Cornerstone Money Advice – Nottingham NG7 1FP

Cornerstone Money Advice is a friendly, free and confidential service offering money and debt counselling to anyone who may be worried about their finances, regardless of background or personal circumstances.

You can make contact with Cornerstone Money Advice and speak directly to an advisor using any of the following methods to commence debt assistance:

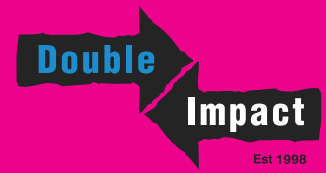
- By visiting their website at [www.cornerstonechurch.org.uk /money-advice/](http://www.cornerstonechurch.org.uk/money-advice/)
- By phone on 0115 958 8712
- By email at cma@cornerstonechurch.org.uk
- By post at Cornerstone Money Advice, Cornerstone Church, 90 Castle Boulevard, NG7 1FP

Meadows Advice Group – The Meadows NG2 2DF

Meadows Advice Group provides local, free and confidential advice on a range of issues including debt and money management.

You can make contact with Cornerstone Money Advice and speak directly to an advisor using any of the following methods to commence debt assistance:

- By visiting their website at www.advicenottingham.org.uk/meadows/
- By phone on 0115 986 0197
- By email at meadowsadvice@btconnect.com



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Trent Debt Advice – Lenton NG7 2PX

Trent Debt Advice offer free, local and confidential debt help and counselling in Nottingham. You can make contact with Trent Debt Advice and speak directly to an advisor using any of the following methods to commence debt assistance:

- By visiting their website at www.trentdebtadvice.org/
- By filling out their contact form on the 'contact us' page
- By phone on 0115 9887069
- Or by email at help@trentdebtadvice.org

Step Forward Money Advice – Lenton NG7 2PX

Step Forward Money Advice is a Christian organisation, open to anyone. They offer free, confidential debt advice and money management support to empower those they work with to better control their finances. They also offer money management training courses as well as meet with individuals to review their budgets and negotiate repayments to creditors.

You can make contact with Step Forward Money Advice and speak directly to an advisor using any of the following methods to commence debt assistance:

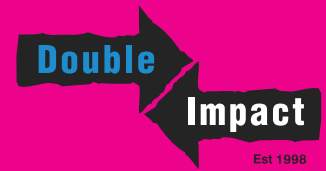
- By visiting their website at www.trentvineyard.org/step-forward/step-forward-money-advice
- By phone on 0115 988 7069 / 07595002212
- By email at money@stepforward.org.uk

CAP Nottingham – West Bridgford NG2 5HR

CAP Nottingham offers a free debt help service and is run through local churches, they offer practical help and find the best route out of debt in a supportive community who walk with you every step of the way.

You can make contact with CAP Nottingham and speak directly to an advisor using any of the following methods to commence debt assistance:

- By visiting their website at <https://capuk.org/i-want-help/our-services/cap-debt-help/>
- By phone on 0800 3280006



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Nottingham City Council Welfare Rights Service – Nottingham NG2 3NG

Nottingham City Council Welfare Rights Service offer free, confidential debt advice, support and assistance. They can help resolve any emergency issues such as bailiffs, they advocate on your behalf by contacting your creditors to make repayment arrangements, they will complete a financial statement to assess your options and provide budgeting advice where appropriate, as well as providing you with advice to help you decide on the best long-term options to resolve your debt problems. You can make contact with Nottingham City Council WRS and speak directly to an advisor using any of the following methods to commence debt assistance:

- By visiting their website at www.nottinghamcity.gov.uk/welfarerights
- By phone on 0115 915 1355
- By email at welfarerights@nottinghamcity.gov.uk

Citizens Advice – Nottingham and District NG1 6HS

Citizens Advice offer a debt service that is free, confidential and open to everyone in the community. Their debt advisers give free advice and support on a wide range of debt related issues.

You can make contact with Citizens Advice Nottingham and speak directly to an advisor using any of the following methods to commence debt assistance:

- By visiting their website at www.citizensadvicenottingham.org.uk/debt
- By phone on 0115 9453989
- By completing the enquiry form found on the 'more about us' section