



PROBLEM GAMBLING SEVERITY INDEX (PGSI) - SHORT

SHORT FORM SCREENING TOOL

Date: _____

Location: _____ Completed by: _____

1. Thinking about the last 12 months, have you bet more than you could really afford to lose?

Never (0)

Sometimes (1)

Most of the time (2)

Almost always (3)

2. Thinking about the last 12 months, have people criticised your betting or told you that you had a gambling problem, regardless of whether or not you thought it was true?

Never (0)

Sometimes (1)

Most of the time (2)

Almost always (3)



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3. Thinking about the last 12 months, have you felt guilty about the way you gamble or what happens when you gamble?

Never (0)

Sometimes (1)

Most of the time (2)

Almost always (3)

Total score

Scoring system:

Never = 0

Sometimes = 1

Most of the time = 2

Almost always = 3

By adding the scores on the three questions you will generate a score of between 0 and 9. All of those who score 3 or more out of 9 should be offered a direct referral to GamCare East Midlands and should go on to complete the Full Form PGSI. Those who score 1 or 2 are considered to be an 'at-risk' group and should be offered a referral to GamCare, as well as the provision of available self-help resources. This group should also be offered and encouraged to complete the Full Form PGSI. No further action is needed for respondents who score 0.

I agree to a referral being made for a full screening with GamCare

Signed _____

Name _____

Telephone number _____