



INFORMATION TO SUPPORT A 'GAMBLERS' ON GOING RECOVERY

OVERVIEW OF GAMBLING SUPPORT FOR THE BAME COMMUNITY

To date there is not yet a dedicated gambling support service for the BAME community - this has been recognised and acknowledged by many of those involved in the sector of gambling harm prevention. YouGov Research published in 2020 shows that 1 in 2 adults from ethnic minority backgrounds have gambled in the UK in the last 12 months, and around 1 in 4 of these past-year gamblers suffer significant gambling-related harm. Moreover, a 2019 study by Clearview Research on the young BAME perspective, reported that 90% agreed that gambling is seen differently within their ethnic cultures than within white British cultures, and 95% of participants could not identify how they could access help for gambling harm.

Listed below are a number of services and groups that are currently exploring this concept:

TalkGen, YGAM, and Clearview Research

The 'Preventing Gambling Harms in Diverse Communities' initiative has been developed through a unique collaboration between Gambling Education Network, YGAM, and Clearview Research. The prevention programme will deliver free specialist workshops to young people from ethnic minority populations aged 14–24, as well as free training to community and faith leaders. The programme content centres on an understanding of socio-cultural and religious contexts on shame and stigma relating to gambling harms.

Beacon Counselling Trust and ARA Recovery For All

Beacon Counselling Trust and ARA Recovery for All are leading a pioneering project 'Breaking The Sharam', funded by the Gambling Commission, which will provide support at grassroots level in encouraging people to talk openly about the challenges of gambling and help work through some of the language and cultural barriers they face in getting the help they need. This collaboration has resulted in the UK's first ever South Asian Community Gambling Harm Conference in November 2020. This is in addition to their on-going collaboration with The Muslim Council of Britain, Lancashire Council of Mosques and Lancashire BME Network by engaging South Asian communities in the UK around gambling related harm.



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GambleAware

In 2019, GambleAware conducted their initial research on the Ethnic Make-Up of UK Problem Gambling, then in 2020 they went onto further explore the levels of gambling harm and access to treatment, support, and advice among Black, Asian, and minority ethnic adults. GambleAware's latest research is now expanding the focus on building knowledge of 'lived problem gambling experiences' by BAME adults.