



## INFORMATION TO SUPPORT A 'GAMBLERS' ON GOING RECOVERY

### WOMEN ACCESSING GAMBLING SUPPORT SERVICES AND WHAT TO EXPECT

| Available Services         | Self-Referral Process  | Professional Referral Process  |
|----------------------------|--|--|
| <p><b>GamCare</b></p>      | <ul style="list-style-type: none"> <li>• Visit <a href="http://www.gamcare.org.uk">www.gamcare.org.uk</a> where you will find the live chat option available and be able to speak to a trained advisor who can help complete referrals and gain access to women's only services.</li> <li>• You can ring the National Gambling Helpline for free on 08088020133, where you will be connected with a trained advisor who can complete referral forms for you and help you to access women's only services.</li> <li>• You can register on the GamCare website to access the women's only chatroom which runs every Saturday 6:30pm-7:30pm.</li> </ul>   | <ul style="list-style-type: none"> <li>• Professionals can direct their service users to the GamCare website and encourage them to self-refer via the chat system or by providing them with the National Gambling Helpline number on 08088020133.</li> </ul>   |
| <p><b>Gordon Moody</b></p> | <ul style="list-style-type: none"> <li>• Visit <a href="http://www.gordonmoody.org.uk">www.gordonmoody.org.uk</a>, click on the 'get help' tab located at the top and then 'how we can help'.</li> <li>• Scroll down to 'residential treatment' and select the 'female treatment centre' option to find out more.</li> <li>• Go back to the 'how we can help' page and scroll down to the next box 'retreat and counselling programme' and click to find out more.</li> <li>• If you decide that a residential, intense treatment program is what you need, then you can self-refer by going back to the 'how we can help' tab at the top, selecting 'how to apply'.</li> <li>• You can apply online using their self-referral form.</li> <li>• You can apply by post by downloading the form, printing and sending it to:<br/>47 Maughan Street, Dudley<br/>West Midlands, DY1 2BA</li> </ul> | <ul style="list-style-type: none"> <li>• Visit <a href="https://gordonmoody.org.uk/how-to-apply/">https://gordonmoody.org.uk/how-to-apply/</a> and scroll down to the bottom where you will find 'professional referral'.</li> <li>• You can refer anyone using the online professional-referral form.</li> <li>• Or you can refer by directly emailing them from a secure email address and sending it to <a href="mailto:help@gordonmoody.org.uk">help@gordonmoody.org.uk</a></li> </ul> |

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| Available Services   | Self-Referral Process   | Professional Referral Process   |
|--|---|---|
| <b>Gordon Moody (continued)</b>                              | <ul style="list-style-type: none"> <li>You can apply via email by downloading and completing the form and sending it to <a href="mailto:help@gordonmoody.org.uk">help@gordonmoody.org.uk</a></li> <li>Someone will be in touch shortly to arrange for you to attend their treatment program, there may be a waiting list, so please don't expect to be able to attend immediately.</li> </ul>   |   |
| <b>BreakEven – WINGS (Women In Need of Gambling Support)</b> | <ul style="list-style-type: none"> <li>BreakEven's WINGS group is very new and more information is to follow.</li> <li>They offer free advice and counselling specifically to women, either as a problem gambler or as affected other.</li> <li>To attend their next online group and to register your interest, you can visit <a href="http://www.breakeven.org.uk">www.breakeven.org.uk</a>, ring them on 01273833722 or email them at <a href="mailto:info@breakeven.org.uk">info@breakeven.org.uk</a> for more information on the group and support available.</li> <li>Someone from the team will get back in contact with you shortly after receiving your communication to arrange support.</li> </ul> | <ul style="list-style-type: none"> <li>Professionals can direct their service users to the BreakEven website and encourage them to make contact and engage with the support services they offer.</li> </ul>   |
| <b>BetKnow-More New Beginnings Group</b>                     | <ul style="list-style-type: none"> <li>Visit <a href="http://www.betknowmore.org.uk">www.betknowmore.org.uk</a>, go to the 'our services' at the top and select 'New Beginnings' from the drop down.</li> <li>Click on the blue 'here' button to register your interest and fill out the form.</li> <li>Someone will be in contact with regard to the women's only services and when they will be available, as it has not yet fully launched.</li> </ul>   | <ul style="list-style-type: none"> <li>Professionals can direct their service users to the BetKnowMore website and encourage them to make contact and engage with the support services they offer.</li> </ul> |