

# OVERVIEW OF LOCAL GAMBLING SUPPORT SERVICES



## GamCare East Midlands

GamCare is an independent charity and a leading provider of information, advice and support across Great Britain but also provide regional support.

Lincoln	Lincoln	Gainsborough	Scunthorpe
LN4 4US	LN2 4US	DN21 2HU	DN16 2RS
01522 274880	07869 997 963	01423 857 939	01423 857 939

Find local treatment - **GamCare**  
Live chat via [www.gamcare.org.uk](http://www.gamcare.org.uk)

Call free on **0808 8020**  
Email: [east.midlands@gamcare.org.uk](mailto:east.midlands@gamcare.org.uk)

## Gamblers Anonymous (GA)

GA is a fellowship of men and women who share their experience, strength and hope with each other that they may overcome their common addiction and help others do the same.

Within the Lincolnshire Region there is one group running as follows:

- Croft Street Community Centre  
Baggholme Road, Lincoln, LN2 5AX  
Wednesday 19:00 – 21:00  
Wheelchair Access: No  
Phone: **07771 427 429** for details  
Email: [lincolnga@gamblersanonymous.org.uk](mailto:lincolnga@gamblersanonymous.org.uk)

## GP Services

GPs in Lincolnshire can refer anyone who is suffering from a gambling addiction to the NHS Gambling Clinics as well as other providers such as GamCare and GA. Locally, GP's may also help from talking and support services, such as 'steps2change' NHS Psychological Talking Therapies, such as Cognitive Behaviour Therapy, Let's Talk Wellbeing, and Insight Healthcare are available. There are NICE guidelines and pathways that are currently being developed and are due to be published on 7 February 2024.

